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CONFLICTS OF INTEREST

• I have nothing to declare

WHAT IS AN E-CIGARETTE?

- E-cigarettes use a metal heating element to atomize a (nicotine) solution and simulate smoking
- Vaping is the process of vaporizing chemicals to make smoke (fog machine)
- A battery powered heating element heats liquid to its boiling point



WHY ARE E-CIGARETTES ACCIDENT PRONE?

- Electronic cigarettes often have heavy duty batteries that were originally manufactured for flashlights
- Batteries are generally Lithium ion
- Batteries generally have no safety cutoff to prevent a short
- Switch that connects battery to heating element becomes fused, heating element continues to heat and ignites battery



MEDIA COVERAGE

- https://www.usfa.fema.gov/downloads/pdf/publications/electronic_cigarett es.pdf
- http://www.cnn.com/2016/11/24/us/e-cigarette-explosion-video/
- https://www.theguardian.com/society/video/2016/nov/04/no-smokewithout-fire-e-cigarette-explodes-in-mans-pocket-video
- Locally at LVHN, we have seen an increase in the number of e-cigarette related injuries

OBJECTIVES

- Compile the records of all patients treated at LVHN with e-cigarette related burns
- Find patterns of injury
- Assess quality of life impact of these injuries
- Evaluate cost of treatment
- Report if incidences are increasing in frequency

METHODS

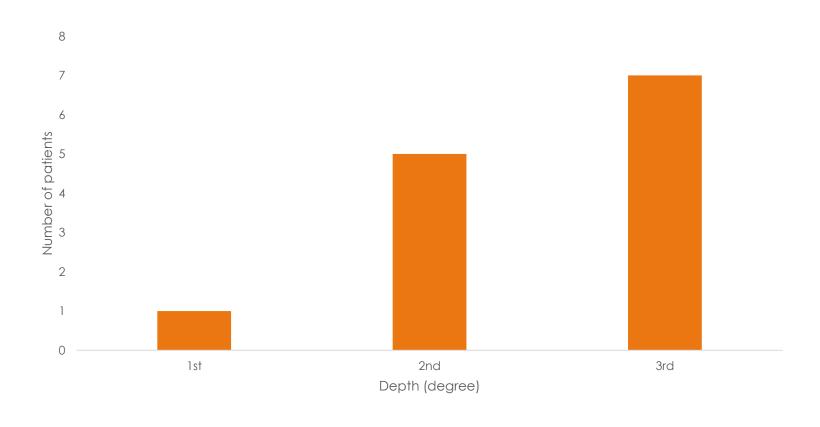
- A retrospective chart review was performed after IRB approval to gather data on both outpatients and inpatients at the Lehigh Valley Hospital who were injured from an exploding electronic cigarette battery
- Included were all patients that were treated at the Lehigh Valley burn center between 2006 and 2016
- Data collected:
 - Age
 - Sex
 - cost of treatment
 - burn pattern
 - time spent in the hospital

- days until returning to work
- scarring according to the Vancouver Scar Scale
 6 months after injury

RESULTS

- Of ~5,000 charts examined, 14 met the inclusion criteria
- 93% were male
- 80% were admitted to the hospital
- Mean TBSA: 2.9%
- Time to heal: 2-11 days

DEPTH OF BURN -RESULTS

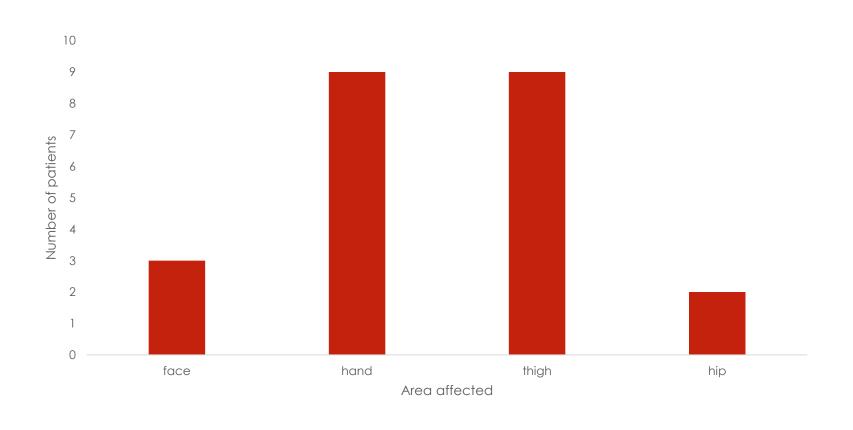




RESULTS (CONTINUED)

- 50% were non-operative
- Average cost: \$41,439
- 22 work days lost on average
- Scarring (Mean Vancouver Scar Scale): 4/15

PATTERN OF INJURIES





SUMMARY

- Frequency of e-cigarette related injuries seems to have increased (most of the injuries seen occurred in 2016)
- Most injuries occur on thigh and hand
- Burn severity ranged from 1st to 3rd degree
- Injuries had significant socio-economic impact



The most expensive smoke you will have ever had

DISCUSSION

Thank you for your attention!